

*Serving the dance  
community for 17 years*

UIDA

UTAH DANCE ARTISTS

Shine on Stage and in Life

→ { **PROGRAM** } ←  
**GUIDE**

**FALL 2017 - SPRING 2018**

**SOUTH JORDAN LOCATION**

11021 South Redwood Road Suite 200  
South Jordan, Utah 84095

**801.562.0913**

**DRAPER LOCATION**

12896 South Pony Express Road Suite 50  
Draper, Utah 84020

**801.523.5930**

[www.UTAHDANCEARTISTS.com](http://www.UTAHDANCEARTISTS.com)  
[info@utahdanceartists.com](mailto:info@utahdanceartists.com)

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# UDA ADMINISTRATIVE *Team Members*

**OWNER/DIRECTOR** – Brooke Maxwell  
**EXECUTIVE ASSISTANT** – Teryn Mozafarri  
**SOUTH JORDAN STUDIO MANAGER** – Jennifer Browning  
**DRAPER STUDIO MANAGER** – Irene Kennedy  
**ACCOUNTING MANAGER** – Brenda Christensen  
**PROJECT MANAGER** – Caryn Musselman  
**MARKETING TEAM** – Sharlene Gygi, Kerianne Hoth & Alicia Cosper  
**COSTUME MANAGEMENT** – Silvia Vigil & Jeanette Peacock  
**MERCHANDISE MANAGER** – Natalie Fichialos  
**COMMUNITY RELATIONS** – Holly Offret  
**OUTREACH COORDINATOR** – Angela Jorgensen  
**STARS DIRECTORS** – Heidi Barton & Leslie Parker  
**STARS MANAGER** – Holly Offret  
**ENSEMBLE DIRECTOR** – Kaelynne Oliphant  
**ENSEMBLE MANAGER** – Debbie Hibbert  
**CONSERVATORY DIRECTOR** – Cicily Oldham  
**BALLET CONSERVATORY DIRECTOR** – Sarah Franco  
**CONSERVATORY ASSISTANT** – Katie Woodward  
**CONSERVATORY MANAGER** – Melanie Schipaanboord  
**VARSITY DIRECTOR** – Krystalyn Leeb  
**VARSITY MANAGER** – Tristi Lassig  
**UDA CREATIVE ARTS PRESCHOOL DIRECTOR** – Sherene Winkel  
**UDA CREATIVE ARTS PRESCHOOL MANAGER** – Vicky Arne  
**WEB MASTER** – Yvonne Israelsen  
**DESIGNER** – Nicole Woodland  
**OFFICIAL PHOTOGRAPHER** – Don Polo Photography  
**CUSTOMER SERVICE SPECIALISTS** – Vicky Arne, Joey Barker, Norma Gunderson, Debbie Hibbert, Jennifer Jensen, Stephanie Johnson, and Kristen Kossin

To be the premiere provider of education and opportunities for dance artists in Utah; where all associated are held to a standard of excellence

### *What is in Our Name?*

**UTAH** – We embody the values of the people in Utah we serve: morality, ethics, modesty in dress and movement and honesty in business are reflected in the way we run our organization.

**DANCE** – We employ dance as the vehicle to empower our associates to excellence; teaching important life skills such as respect, hard work, commitment, and self-discipline.

**ARTISTS** – We exemplify ourselves as valued and respected artists. This is reflected in the way our students are revered and treated. Our end-goal is to produce successful “Dance Artists”; assisting each dancer to prosper in their personal dance goals.

### *Who We Are*

Utah Dance Artists (UDA) was founded in 2001 by Brooke Maxwell. The business has grown from a one room basement dance studio, to the largest dance studio in the Salt Lake Valley.

UDA is conveniently located in South Jordan (*easy access from I-15 off 10600 and 11400 South exits*) and in Draper (*directly west of I-15 on the frontage road at 12896 South*).

Utah Dance Artists offers dance classes for dancers age 18 months-18 years old in the genres of ballet, pointe, jazz, tap, modern, contemporary, hip hop, ballroom and acro/tumbling. We offer programs and teams for beginner through pre-professional levels, valuing every student’s education and opportunity for growth.

We proudly serve residents from South Jordan, Riverton, Herriman, Bluffdale, Draper, Sandy, Cottonwood Heights, West Jordan, Murray, Holladay, Taylorsville, West Valley City, Midvale, Salt Lake City, Lehi, Saratoga Springs and Eagle Mountain.

- Teaching Staff – Each of our 53 instructors are collegiate or professionally trained; offering the largest and most qualified faculty in the state of Utah
- Facility - Two state of art facilities offering 10 dance studios with professionally raised marley floors, secure full length mirrors, mounted barres and surround sound music systems
- Customer Service - 35 Administrative and Customer Service Team Members who are friendly, knowledgeable and committed to superior organization and service
- Educated Artistic Director/Owner: Brooke Maxwell; BFA in Ballet with an emphasis in teaching. Served as Miss Utah 1994-95
- Syllabus - All faculty members follow a progressive, comprehensive, studio syllabus that is crafted to build the dancer’s technique and performance skills level upon level and year upon year
- Proper Placement – At the end of the year, each enrolled student is personally evaluated by the studio director, guaranteeing proper placement for the following year
- The Annual Recital is held at Kingsbury Hall on the University of Utah campus; providing a professional performing experience for every student
- Programs – We offer programs for dancers of every age and level; providing opportunities for dancers to start, stay and grow. The programs below take dancers on a journey to progress their technique and artistry level upon level:
  - Technical – UDA’s basic program which allows dancers age 18 months – 18 years old to select the genres they take each week
  - STARS – Non-competitive performance team grades 1st-6th
  - Ensemble – Non-competitive performance team grades 7th-12th
  - Varsity – Intermediate level competitive jazz program grades 1st-12th
  - Conservatory – Advanced level competitive jazz program grades 2nd-12th
  - Ballet Conservatory – Advanced level competitive ballet program grades 5th-12th
  - Artists in Training (AIT) – Dancers in the 9th-12th grades who want to focus on training in choreography and teaching.

## Fall 2017 - Spring 2018

### UDA PARENTS AND DANCERS,

As you read the information in this 2017-2018 Program Guide, we hope you will feel the “ESSENCE” of what Utah Dance Artists is about. Additionally, we hope our “*Technical Advice*” and “*Words of Wisdom*” regarding registration and participation will help you decide which classes and programs will best suit your dancer.

The **UDA South Jordan Studio** is the home of our **Technical Dance Program**. Dancers in the technical program may register for any dance class in the genre they are interested in. Every student will have the opportunity to perform in UDA’s Annual Spring Recital held at Kingsbury Hall on the University of Utah Campus. If dancers want to increase their performance opportunities during the year, the invitation is open to participate in our **Performance Programs: STARS** (*dancers in 1-6 grades*) or **Ensemble** (*dancers in 7-12 grades*) These performance programs are housed at the **UDA South Jordan Studio**.

The **UDA Draper Studio** is the home of **UDA Creative Arts Preschool and Competitive Dance Programs: Varsity and Conservatory**. **Competitive** dancers will have the opportunity to compete at dance competitions, attend conventions and perform at UDA’s Competitive Concert, “Starry Night” at The Marriott Center for Dance on the University of Utah Campus. Auditions for these intensive dance programs will be held on May 12th and 13th, and on June 2nd and 3rd for dancers who are invited to attend the Conservatory Audition.

#### Registration for UDA Creative Arts Preschool

We offer programs for 2-4 year olds, providing opportunities in dance, tumbling, art, music, reading/writing, math, science, social studies and character development. Information on **UDA Creative Arts Preschool** is available at the Customer Service Office and at preschool.utahdanceartists.com. *UDA Draper Studio is home to UDA Creative Arts Preschool.*

If you have further questions regarding our technical, performance, competitive or preschool programs, our Customer Service Team Members are always available by phone or email. We look forward to an incredible 2017-2018 season!

Sincerely,

**BROOKE MAXWELL**

Utah Dance Artists Owner/Director

### CURRENT & CONTINUING UDA STUDENTS & PARENTS:

Online Registration will start at 8:00 a.m. on Monday, July 3rd and will close on Sunday, July 23rd. Please go to our website at [www.utahdanceartists.com](http://www.utahdanceartists.com) to register online. Returning UDA dancers should receive their placement notification for the Fall 2017-Spring 2018 dance year the first part of June.

If you are a current or continuing UDA family and would like to personally meet with Brooke Maxwell regarding your placement, please first register online during the dates listed above and then attend one of our Open Registration Dates listed below to finalize registration.

**Dancers who register for UDA’s four week July session will be considered a current and continuing UDA student, having the opportunity to register online from July 3rd – July 23rd.** Summer students 18 months – 4th grade may begin online registration on July 3rd in classes appropriate for their age/grade as of September 1, 2017. *Summer students in grade 5th – 12th may not begin online registration until July 15th.* This gives UDA teachers the first two weeks of July summer session to access and direct dancers to register for the appropriate class level.

### NEW STUDENTS & PARENTS:

Dancers and parents who are new to UDA, dancing at either South Jordan or Draper studio, need to register at the South Jordan studio at one of the Open House Registration Dates below. Parents will have the opportunity to personally meet with Brooke Maxwell, the Studio Owner, to register for **Fall 2017 – Spring 2018** classes. It is important for us to understand your child’s dance goals, as well as your goals for your child to get them on the right path to achieve their goals. This is best accomplished through a personal consultation/registration with UDA’s Studio Owner.

### OPEN HOUSE/REGISTRATION DATES:

Friday, August 4th	9:00 am – 1:00 pm
Monday, August 7th	4:00 pm – 8:00 pm
Friday, August 11th	9:00 am – 1:00 pm
Monday, August 14th	4:00 pm – 8:00 pm
Friday, August 18th	9:00 am – 1:00 pm
Monday, August 21st	4:00 pm – 8:00 pm

# LEVELS & PLACEMENT

## Prerequisites

### PRIOR TO ENTERING ELEMENTARY SCHOOL:

Placement is based on age for the following classes:

**Preschool** – 3 yrs. old by 12/31/17

**Pre-K** – 5 yrs. old by 12/31/17

### ELEMENTARY SCHOOL:

Placement is based on grade in school from 1st – 4th grade only. Technical evaluation determines placement in the 5th and 6th grade.

*\*Regardless of missing the school deadline or being held back.*

**Kindergarten** – in kindergarten for the 2017-2018 school year

**Level 1** – in 1st grade for the 2017-2018 school year

**Level 2** – in 2nd grade for the 2017-2018 school year

**Level 3** – in 3rd grade for the 2017-2018 school year

**Level 4** – in 4th grade for the 2017-2018 school year

**Level 5** – in 5th grade for the 2017-2018 school year \*

**Level 6** – in 6th grade for the 2017-2018 school year \*

*\*Placement in these levels requires approval per evaluation by the studio director*

### JUNIOR AND SENIOR HIGH SCHOOL:

Placement is based on technical evaluation.

**Intermediate A1** – dancers in the 7th grade and up \*

**Intermediate A2** – dancers in the 7th grade and up\*

**Intermediate B** – dancers in the 7th grade and up\*

**Advanced A** – dancers in the 8th grade and up\*

**Advanced B** – dancers in the 9th grade and up\*

*\*Dancers who are new to UDA may be placed in one of the above levels only after approval per evaluation by the studio director*

### INTRODUCTORY LEVELS FOR DANCERS IN 5TH-12TH GRADE:

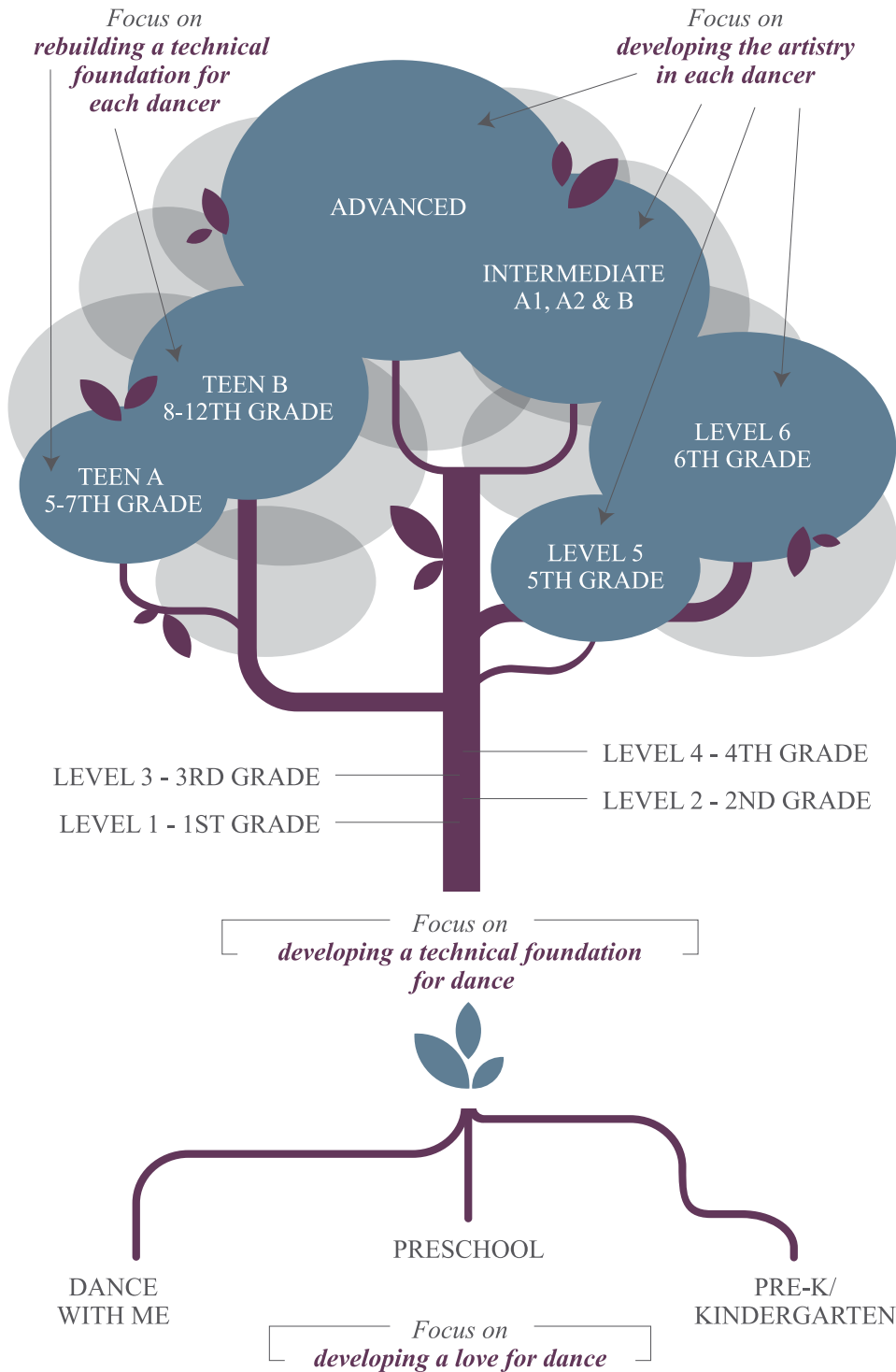
Placement is based on technical ability and grade in school.

**Teen A** – dancers in the 5th-7th grades who have minimal to no previous dance experience

**Teen B** – dancers in the 8th-12th grades who have minimal to no previous dance experience

*\*The above levels are specifically designed for dancers who are older, yet at an introductory level. The purpose of our Teen Program is to review and teach dance basics, create a strong dance foundation, and to progress quickly, catching dancers up to speed with other dancers their age.*

*\*Dancers in the Teen Program can move over to the intermediate and advanced levels classes only after approval per evaluation by the studio director.*





# DANCE WITH ME

## *Available classes for caregivers and dancers who turn 18 Months by 12/31/2017*

This program is for children 18 months - 3 years old and their caregiver (mom, dad, grandparent, aunt, uncle, or a combination thereof) each week. This program provides an opportunity for a toddler and an adult to bond while learning and moving together; providing caregivers with ideas and techniques to stimulate the learning and growth of their child through imaginative play and creative movement.

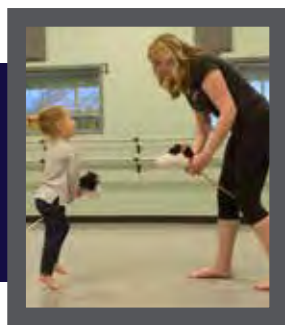
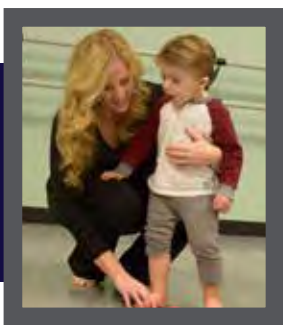
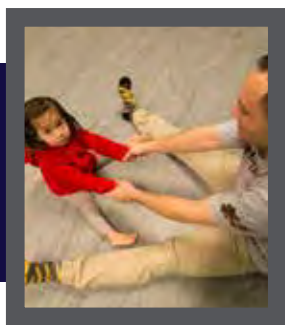
### **SOUTH JORDAN LOCATION**

Tuesday	9:15 am – 10:00 am 10:15 am – 11:00 am
Wednesday	9:15 am – 10:00 am 10:15 am – 11:00 am
Thursday	6:00 pm – 6:45 pm

### **DRAPER LOCATION**

Friday	1:00 pm – 1:45 pm
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\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).



# WINGS

## A Faerie Tale

**ATTENTION:  
ALL UDA PRE-K AND  
KINDERGARTEN DANCERS!**

*Do you want to be a part of something MAGICAL?  
Consider dancing in UDA's Ballet,  
“WINGS: A FAERIE TALE”*

Dancers must be 5 years old by December 31st  
OR in Kindergarten for the 2017-18 school year.

**PARTICIPATION COST: \$120**

Includes 2 costumes, 2 performances and all rehearsals

**MANDATORY DRESS REHEARSAL DATES:**

August 23, 28 and 30 - September 5, 9, 16 and 23.

*\*Specific times for dancers TBA*

*Performance Dates and Times TBA*

*\*Will be between September 25-30, 2017.*

**PLEASE SEE CUSTOMER SERVICE  
FOR MORE INFORMATION AND TO REGISTER!**

## TECHNICAL ADVICE FOR PRESCHOOL & PRE-K/KINDERGARTEN DANCERS

The two most important classes for dancers in preschool and kindergarten are:  
**Ballet and Tap/Jazz Combo**

- Ballet helps instill etiquette such as listening, following instructions and being respectful to others. Pre-ballet fundamentals and exercises are taught to increase creativity, flexibility, concentration and focus; providing a foundation for continued dance education.
- Tap is essential as it is a dance form that helps the young dancer with coordination, rhythm, timing and musicality; giving a child a music foundation which is essential for all forms of dance.
- Tap and Jazz are combined in a combo class because jazz is often the more popular genre that young dancers want to take, but tap is an important and critical building block for preschool aged children.

*\*Additional dance classes available for dancers at this age: Tumbling Tricks and Hippy Hop*

*\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).*



## PRESCHOOL DANCE

*Available classes for students turning 3 years of age by 12/31/2017*

Use our suggested schedules **OR** create your schedule by mixing and matching.

### SOUTH JORDAN LOCATION

#### MONDAY

Preschool Ballet	9:15am – 10:00am
Preschool Tap/Jazz	10:15am – 11:00am
Preschool Ballet	4:00pm – 4:45pm
Preschool Tap/Jazz	4:45pm – 5:30pm

#### TUESDAY

Preschool Ballet	9:15am – 10:00am
Preschool Tap/Jazz	10:15am – 11:00am

#### WEDNESDAY

Preschool Ballet	9:15am – 10:00am
Preschool Tap/Jazz	10:15am – 11:00am
Preschool Ballet	1:15pm – 2:00pm
Preschool Tap/Jazz	2:15pm – 3:00pm
Preschool Tap Only	4:00pm – 4:45pm
Preschool Ballet	5:00pm – 5:45pm

#### THURSDAY

Preschool Ballet	9:15am – 10:00am
Preschool Tap/Jazz	10:15am – 11:00am
Preschool Ballet	1:15pm – 2:00pm
Preschool Tap/Jazz	2:15pm – 3:00pm

#### SATURDAY

Preschool Ballet	9:00am – 9:45am
Preschool Tap/Jazz	10:00am – 10:45am

### DRAPER LOCATION

#### MONDAY

Preschool Ballet	12:00pm – 12:45pm
Preschool Tap/Jazz	1:00pm – 1:45pm

#### TUESDAY

Preschool Ballet	12:00pm – 12:45pm
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#### WEDNESDAY

Preschool Tap/Jazz	12:00pm – 12:45pm
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#### THURSDAY

Preschool Tap/Jazz	12:00pm – 12:45pm
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#### FRIDAY

Preschool Hippy Hip	12:00pm – 12:45pm
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*\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see the website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).*

# PRE-K / KINDERGARTEN DANCE

Available classes for students turning 5 years of age by 12/31/2017

Use our suggested schedules OR create your own by mixing and matching.

## SOUTH JORDAN LOCATION

### MONDAY

PreK/Kinder Ballet	9:00am – 10:00am
PreK/Kinder Tap/Jazz	10:00am – 11:00am
PreK/Kinder Ballet	1:00pm – 2:00pm
PreK/Kinder Tap/Jazz	2:00pm – 3:00pm

### TUESDAY

PreK/Kinder Ballet	9:00am – 10:00am
PreK/Kinder Tap/Jazz	10:00am – 11:00am
PreK/Kinder JAZZ only	4:00pm – 5:00pm
PreK/Kinder Hippy Hop	5:00pm – 6:00pm

### WEDNESDAY

PreK/Kinder Ballet	9:00am – 10:00am
PreK/Kinder Tap/Jazz	10:00am – 11:00am
PreK/Kinder Ballet	1:00pm – 2:00pm
PreK/Kinder Tap/Jazz	2:00pm – 3:00pm

### THURSDAY

PreK/Kinder Ballet	4:00pm – 5:00pm
PreK/Kinder Tap only	5:00pm – 6:00pm

### FRIDAY

PreK/Kinder Hippy Hop	3:00pm – 4:00pm
PreK/Kinder Ballet	4:00pm – 5:00pm
PreK/Kinder Tap/Jazz	5:00pm – 6:00pm

### SATURDAY

PreK/Kinder Ballet	9:00am – 10:00am
PreK/Kinder Tap/Jazz	10:00am – 11:00am

## TUMBLE TRICKS

REQUIRED (2) TIMES PER WEEK

Tuesday	6:00pm – 7:00pm
Friday	3:00pm – 4:00pm

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see the website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

## DRAPER LOCATION

### MONDAY

PreK/Kinder Ballet	12:00pm – 1:00pm
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### TUESDAY

PreK/Kinder Ballet	12:00pm – 1:00pm
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### WEDNESDAY

PreK/ Kinder Tap/Jazz	12:00pm – 1:00pm
PreK/Kinder Ballet	1:00pm – 2:00pm

### THURSDAY

PreK/ Kinder Tap/Jazz	12:00pm – 1:00pm
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### FRIDAY

PreK/Kinder Hippy Hop	1:00pm – 2:00pm
PreK/Kinder Tap/Jazz	4:00pm – 5:00pm
PreK/Kinder Ballet	5:00pm – 6:00pm

### SATURDAY

Kindergarten Ballet	9:00am – 10:00am
Kindergarten Jazz	10:00am – 11:00am

Dance Classes that  
Coincide with



## Preschool and Pre-K/Kindergarten Dance Classes

UDA Dance Classes are available after Preschool for parent and scheduling convenience. Lunch Bunch is held 11:30 am - 12:00 pm daily, bridging the gap for UDA Creative Arts Preschool students to participate in dance class(es).

### 3 YEAR OLD CLASSES 8:30 – 11:30am

**2 DAY Preschool (Tuesday & Thursday)** \*Lunch Bunch from 11:30am – 12:00pm

**3 DAY Preschool (Tuesday, Thursday & Friday)** \*Lunch Bunch from 11:30am – 12:00pm

#### Dance Class Options:

Tuesday	12:00pm – 12:45pm – Preschool Ballet
Thursday	12:00pm – 12:45pm – Preschool Tap/Jazz
Friday	12:00pm – 12:45pm – Preschool Hip Hop

**2 DAY Preschool (Monday & Wednesday)** \*Lunch Bunch from 11:30am – 12:00pm

**3 DAY Preschool (Monday, Wednesday & Friday)** \*Lunch Bunch from 11:30 am – 12:00 pm

#### Dance Class Options:

*Monday	12:00pm – 12:45pm – Preschool Ballet
*Monday	1:00pm – 1:45pm – Preschool Tap/Jazz
Wednesday	12:00pm – 12:45pm – Preschool Tap/Jazz
Friday	12:00pm – 12:45pm – Preschool Hip Hop

### 4 YEAR OLD CLASSES 8:30 – 11:30am

**3 DAY Preschool (Tuesday, Thursday & Friday or Monday, Wednesday & Friday)**

\*Lunch Bunch from 11:30am – 12:00pm

**5 DAY Preschool (Monday - Friday)** \*Lunch Bunch from 11:30am – 12:00pm

#### Dance Class Options:

Monday	12:00pm – 1:00pm – Pre K/K Ballet
Tuesday	12:00pm – 1:00pm – Pre K/K Ballet
*Wednesday	12:00pm – 1:00pm – Pre K/K Tap/Jazz
*Wednesday	1:00pm – 2:00pm – Pre K/K Ballet
Thursday	12:00pm – 1:00pm – Pre K/K Tap/Jazz
Friday	12:00pm – 1:00pm – Pre K/K Hip Hop

\*Represents an option to take two dance classes in the same day



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## TECHNICAL ADVICE FOR DANCERS IN LEVEL 1 - LEVEL 4

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The two most important classes for dancers at this age: **Classical Ballet and Tap**

- Classical Ballet provides the necessary technical foundation, quality of movement and artistry, which supports most genres of dance. The focus of UDA's Ballet Syllabus for dancers in levels 1-4 is developing a technical foundation, body alignment and posture of the dancer. In addition to the many physical benefits of classical training, ballet helps develop the mind and attitude of the dancer with discipline, focus and appreciation of structure which are critical attributes for continued dance education. Ballet training is essential for dancers who want to excel in jazz and contemporary styles as technique and vocabulary for these disciplines come from ballet.

- Tap is essential as it is a dance form that helps the young dancer with coordination, rhythm, timing and musicality; giving a child a music foundation which is essential for all forms of dance.

- Ballet classes are held twice weekly for levels 1 - Advanced. Dancers can intensify their ballet training by adding **Ballet Intensive** to their weekly schedule, providing 3 ballet classes each week (*one recital and two technique classes*). Ballet Intensive is not available for levels 1 and 2. *\*Dancers are allowed to add Ballet Intensive to their schedule only if they are enrolled in the two (paired) ballet classes.*

- Recital Jazz classes are held once a week. Dancers can intensify their jazz technique by adding **Jazz Intensive** to their weekly schedule, providing 2 jazz classes each week (*one recital and one technique class*). *\*Dancers are allowed to add Jazz Intensive to their schedule only if they are enrolled in the recital jazz class.*

- At this age it only benefits a child to add other genres to their training if they are already taking ballet and tap.

- If a dancer trains in ballet and tap until the 4th grade, they will technically be ready for level 5 jazz without ever taking a jazz class. This is because ballet instills proper technique, and tap, the intricate skills of musicality and rhythm. Jazz will then layer style and performance quality to the dancer's foundation.



# LEVEL 1

Available classes for students in 1st grade as of 9/1/2017

Use our suggested schedules OR create your schedule by mixing and matching.

## Base Curriculum Classes (BALLET, TAP and JAZZ)

### SOUTH JORDAN LOCATION

#### TUESDAY/THURSDAY OPTION

Tuesday	Ballet	4:00pm – 5:00pm
Thursday	Jazz	4:00pm – 5:00pm
	Ballet	5:00pm – 6:00pm

#### WEDNESDAY/FRIDAY OPTION

Wednesday	Ballet	4:00pm – 5:00pm
	Tap	5:00pm – 6:00pm
	Ballet	6:00pm – 7:00pm
Friday	Ballet	3:00pm – 4:00pm
	Jazz	4:00pm – 5:00pm
	Ballet	5:00pm – 6:00pm

#### SATURDAY OPTION

Saturday	Ballet	9:00am – 10:00am
	Jazz	10:00am – 11:00am

### DRAPER LOCATION

#### SATURDAY OPTION

Saturday	Ballet	9:00am – 10:00am
	Jazz	10:00am – 11:00am

### Add-On Classes

### SOUTH JORDAN LOCATION

Jazz Intensive 1-2	Tuesday	4:00pm – 5:00pm
Boys Hip Hop *NEW	Wednesday	5:00pm – 6:00pm
Hip Hop 1-2	Wednesday	6:00pm – 7:00pm
Hip Hop 1-2	Friday	3:00pm – 4:00pm
Stretch Class	Saturday	11:00am – 12:00pm
Turns & Leaps	Saturday	12:00pm – 1:00pm

#### Tumble Tricks - REQUIRED (2) TIMES PER WEEK

<u>Beginning</u>		<u>Intermediate</u>	
Tuesday	5:00pm – 6:00pm	Tuesday	7:00pm – 8:00pm
Wednesday	7:00pm – 8:00pm	Thursday	7:00pm – 8:00pm

### Programs for Level 1 Dancers:

#### STARS Performing Group (South Jordan Studio)

\*\* Please see Performance Guide for specific program costs and requirements

Petite Stars Ballet Rehearsal	Tuesday / 5:00pm – 6:00pm
Petite Stars Jazz Rehearsal	Tuesday / 6:00pm – 7:00pm

#### Varsity Petites Competitive Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

# LEVEL 2

Available classes for students in 2nd grade as of 9/1/2017

Use our suggested schedules OR create your schedule by mixing and matching.

## Base Curriculum Classes (BALLET, TAP and JAZZ)

### SOUTH JORDAN LOCATION

#### MONDAY/THURSDAY OPTION

Monday	Ballet	5:00pm – 6:00pm
(for dancers in their 2nd year of tap)	Tap (Beginners 2)	6:00pm – 7:00pm
Thursday	Ballet	5:00pm – 6:00pm
	Jazz	6:00pm – 7:00pm

#### WEDNESDAY/FRIDAY OPTION

Wednesday	Ballet	4:00pm – 5:00pm
(for dancers in their 2nd year of tap)	Tap (Beginners 1)	5:00pm – 6:00pm
Friday	Ballet	4:00pm – 5:00pm
	Jazz	5:00pm – 6:00pm

#### SATURDAY OPTION

Saturday	Ballet	9:00am – 10:00am
	Jazz	10:00am – 11:00am

### DRAPER LOCATION

#### SATURDAY OPTION

Saturday	Ballet	9:00am – 10:00am
	Jazz	10:00am – 11:00am

### Add-On Classes

### SOUTH JORDAN LOCATION

Jazz Intensive 1-2	Tuesday	4:00pm – 5:00pm
Boys Hip Hop *NEW	Wednesday	5:00pm – 6:00pm
Hip Hop 1-2	Wednesday	6:00pm – 7:00pm
Hip Hop 1-2	Friday	3:00pm – 4:00pm
Stretch Class	Saturday	11:00am – 12:00pm
Turns & Leaps	Saturday	12:00pm – 1:00pm

#### Tumble Tricks - REQUIRED (2) TIMES PER WEEK

<u>Beginning</u>		<u>Intermediate</u>	
Tuesday	5:00pm – 6:00pm	Tuesday	7:00pm – 8:00pm
Wednesday	7:00pm – 8:00pm	Thursday	7:00pm – 8:00pm

### Programs for Level 2 Dancers:

#### STARS Performing Group (South Jordan Studio)

\*\* Please see Performance Guide for specific program costs and requirements

Petite Stars Ballet Rehearsal	Tuesday / 5:00pm – 6:00pm
Petite Stars Jazz Rehearsal	Tuesday / 6:00pm – 7:00pm

#### Varsity Petites Competitive Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

# LEVEL 3

# LEVEL 4

Available classes for students in 3rd grade as of 9/1/2017  
Use our suggested schedules OR create your schedule by mixing and matching.

Available classes for students in 4th grade as of 9/1/2017  
Use our suggested schedules OR create your schedule by mixing and matching.

## Base Curriculum Classes (BALLET, TAP and JAZZ)

## Base Curriculum Classes (BALLET, TAP and JAZZ)

### SOUTH JORDAN LOCATION

### SOUTH JORDAN LOCATION

#### MONDAY/THURSDAY OPTION

Monday	Ballet	4:00pm – 5:00pm
Thursday	Ballet	4:00pm – 5:00pm
	Jazz	5:00pm – 6:00pm

#### MONDAY/THURSDAY OPTION

Monday	Ballet	7:00pm – 8:00pm
Thursday	Ballet	4:00pm – 5:00pm
	Jazz	5:00pm – 6:00pm

#### WEDNESDAY/FRIDAY OPTION

Wednesday (for dancers in their 3rd year of tap)	Tap	4:00pm – 5:00pm
	Ballet	5:00pm – 6:00pm
Friday	Jazz	4:00pm – 5:00pm
	Ballet	5:00pm – 6:00pm

#### WEDNESDAY/FRIDAY OPTION

Wednesday (for dancers in their 3rd or 4th year of tap)	Tap	4:00pm – 5:00pm
	Ballet	5:00pm – 6:00pm
Friday	Ballet	3:00pm – 4:00pm
	Jazz	4:00pm – 5:00pm

### Add-On Classes SOUTH JORDAN LOCATION

### Add-On Classes SOUTH JORDAN LOCATION

Boys Hip Hop *NEW	Wednesday	5:00pm – 6:00pm
Jazz Intensive 3-4	Wednesday	6:00pm – 7:00pm
Hip Hop 3-4	Wednesday	7:00pm – 8:00pm
Stretch Class	Saturday	11:00am – 12:00pm
Turns & Leaps	Saturday	12:00pm – 1:00pm
Tumble Tricks - REQUIRED (2) TIMES PER WEEK		
<u>Beginning</u>	<u>Intermediate</u>	
Tuesday	Tuesday	7:00pm – 8:00pm
Wednesday	Thursday	7:00pm – 8:00pm

Boys Hip Hop *NEW	Wednesday	5:00pm – 6:00pm
Jazz Intensive 3-4	Wednesday	6:00pm – 7:00pm
Hip Hop 3-4	Wednesday	7:00pm – 8:00pm
Tumble Tricks - REQUIRED (2) TIMES PER WEEK		
<u>Beginning</u>	<u>Intermediate</u>	
Tuesday	Tuesday	7:00pm – 8:00pm
Wednesday	Thursday	7:00pm – 8:00pm

### DRAPER LOCATION

Ballet Intensive 3-4	Tuesday	4:00pm – 5:00pm
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### DRAPER LOCATION

Ballet Intensive 3-4	Tuesday	4:00pm – 5:00pm
Stretch Class	Saturday	12:00pm – 1:00pm
Turns & Leaps	Saturday	1:00pm – 2:00pm

### Programs for Level 3 Dancers:

### Programs for Level 4 Dancers:

#### STARS Performing Group (South Jordan Studio)

\*\* Please see Performance Guide for specific program costs and requirements

Mini Stars Ballet Rehearsal	Tuesday / 6:00pm – 7:00pm
Mini Stars Jazz Rehearsal	Tuesday / 7:00pm – 8:00pm

#### STARS Performing Group (South Jordan Studio)

\*\* Please see Performance Guide for specific program costs and requirements

Mini Stars Ballet Rehearsal	Tuesday / 6:00pm – 7:00pm
Mini Stars Jazz Rehearsal	Tuesday / 7:00pm – 8:00pm

#### Varsity Minis Competitive Performing Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

#### Varsity Minis Competitive Performing Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

#### Conservatory Minis Competitive Performing Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

#### Conservatory Minis Competitive Performing Group (Draper Studio)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

**TECHNICAL ADVICE FOR  
DANCERS IN LEVEL 5 - ADVANCED DANCERS**

The most important classes for dancers at this age:

**Classical Ballet, Jazz and Contemporary**

- Classical Ballet should always be a part of dancers training, as it provides the necessary technical foundation, quality of movement and artistry that supports most genres of dance. UDA's ballet syllabus for levels 5 - Advanced focuses on quality of movement and developing artistry.

In addition to the many physical benefits of classical training, ballet helps develop the mind and attitude of a dancer with discipline, focus and an appreciation of structure, which are critical attributes for continued and successful dance education. Ballet training is essential for any dancer who wants to excel in jazz and contemporary styles, as the technique and vocabulary for these disciplines comes from ballet.

- Ballet classes are held twice weekly for levels 5 and up. Dancers may intensify their ballet training by adding **Ballet Intensive** to their weekly schedule; providing a third ballet class weekly (*one recital and two technique classes*). *\*Dancers are allowed to add Ballet Intensive to their schedule only if they are enrolled in the two (paired) ballet classes.*

- In level 5, dancers should add jazz to their dance training, as they are approaching their teen years. **Jazz** builds strength, flexibility, body and mental awareness and style, providing necessary skills and knowledge for possible participation in junior and senior high school extracurricular activities, such as dance company, drill team, and musical theatre. Because of technical demands in jazz, students are encouraged to supplement their jazz training with classical ballet and/or jazz technique classes.

- Recital Jazz classes are held once a week. Dancers can intensify their jazz technique by adding **Jazz Intensive** to their weekly schedule; providing 2 jazz classes each week (*one recital and one technique class*). *\*Dancers are allowed to add Jazz Intensive to their schedule only if they are enrolled in the recital jazz class.*

- In the past decade, Contemporary has become a popular genre that combines elements of modern, jazz, lyrical and classical ballet. Contemporary promotes versatility, improvisation and dancers having freedom to explore their innermost feelings as they connect the body and mind through fluid dance movement. Contemporary is an important study for dancers who want to be on a competitive dance team or high school dance company, as most high school dance companies are contemporary/modern based.

# LEVEL 5 - 6

*Available classes for students in 5th or 6th grade as of 9/1/2017*

Use our suggested schedules **OR** create your schedule by mixing and matching.

## **Base Curriculum Classes (BALLET, JAZZ and CONTEMPORARY)**

### **SOUTH JORDAN LOCATION**

#### **MONDAY/WEDNESDAY OPTION**

Monday	Ballet	4:00pm – 5:30pm
	Jazz	5:30pm – 7:00pm
Wednesday	Ballet	5:00pm – 6:30pm

#### **TUESDAY/THURSDAY OPTION**

Tuesday	Ballet	4:00pm – 5:30pm
Thursday	Ballet	4:00pm – 5:30pm
	Contemporary	5:30pm – 7:00pm

### **Add-On Classes**

### **SOUTH JORDAN LOCATION**

Preteen Ballroom	Tuesday	7:00pm – 8:00pm		
Preteen Hip Hop	Tuesday	8:00pm – 9:00pm		
Pre-Pointe	Wednesday	4:00pm – 5:00pm		
Boys Hip Hop <i>*NEW</i>	Tuesday	6:00pm – 7:00pm		
Beginning Tap	Wednesday	6:00pm – 7:00pm		
Jazz Intensive 5-6	Wednesday	7:00pm – 8:30pm		
Intermediate Tap	Wednesday	7:00pm – 8:00pm		
Advanced Tap	Wednesday	8:00pm – 9:00pm		
Tumble Tricks - REQUIRED (2) TIMES PER WEEK - Select (2) in your level that will work with your schedule				
<u>Beginning</u>			<u>Intermediate</u>	
Tuesday	5:00pm – 6:00pm		Tuesday	4:00pm – 5:00pm
Wednesday	6:00pm – 7:00pm		Tuesday	7:00pm – 8:00pm
Wednesday	7:00pm – 8:00pm		Thursday	6:00pm – 7:00pm
Friday	4:00pm – 5:00pm		Thursday	7:00pm – 8:00pm

### **DRAPER LOCATION**

Ballet Intensive 5-6	Wednesday	4:00pm – 5:30pm
Stretch Class	Saturday	12:00pm – 1:00pm
Turns & Leaps	Saturday	1:00pm – 2:00pm

### **Programs for Level 5-6 Dancers:**

#### **STARS Performing Group (South Jordan Studio)**

*\*\* Please see Performance Guide for specific program costs and requirements*

Junior Stars Ballet Rehearsal      Tuesday / 7:00pm – 8:00pm

Junior Stars Jazz Rehearsal      Tuesday / 8:00pm – 9:00pm

#### **Varsity Juniors Competitive Performing Group (Draper Studio)**

*\*\* Please see Competitive Guide for specific program costs and requirements including class days/times*

#### **Conservatory Juniors Competitive Performing Group (Draper Studio)**

*\*\* Please see Competitive Guide for specific program costs and requirements including class days/times*

*\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).*



# INTERMEDIATE

Available classes with prior approval placement for students in 7th grade and up

Use our suggested schedules OR create your schedule by mixing and matching.

## Base Curriculum Classes (BALLET, JAZZ and CONTEMPORARY)

### SOUTH JORDAN LOCATION

#### INTERMEDIATE A1

Monday	Ballet	7:00pm – 8:30pm
	Jazz	8:30pm – 10:00pm
Wednesday	Jazz Technique	7:00pm – 8:30pm
Thursday	Contemporary	7:00pm – 8:30pm
	Ballet	8:30pm – 10:00pm

#### INTERMEDIATE B

Monday	Ballet	7:00pm – 8:30pm
	Jazz	8:30pm – 10:00pm
Wednesday	Jazz Technique	7:00pm – 8:30pm
Thursday	Contemporary	7:00pm – 8:30pm
	Ballet	8:30pm – 10:00pm

### Add-On Classes

#### SOUTH JORDAN LOCATION

Intermediate Pointe	Monday	6:00pm – 7:00pm
Teen Hip Hop	Tuesday	7:00pm – 8:00pm
Teen Ballroom	Tuesday	8:00pm – 9:00pm
Pre-Pointe	Wednesday	4:00pm – 5:00pm
Boys Hip Hop *NEW	Tuesday	6:00pm – 7:00pm
Beginning Tap	Wednesday	6:00pm – 7:00pm
Intermediate Tap	Wednesday	7:00pm – 8:00pm
Advanced Tap	Wednesday	8:00pm – 9:00pm
Advanced Pointe	Thursday	6:00pm – 7:00pm
Beginning Pointe	Thursday	6:00pm – 7:00pm

Tumble Tricks - REQUIRED (2) TIMES PER WEEK

<u>Beginning</u>		<u>Intermediate</u>	
Wednesday	6:00pm – 7:00pm	Tuesday	4:00pm – 5:00pm
Friday	4:00pm – 5:00pm	Thursday	6:00pm – 7:00pm

#### DRAPER LOCATION

Ballet Intensive	Wednesday	8:30pm – 10:00pm
Stretch Class	Saturday	11:00am – 12:00pm
Turns & Leaps	Saturday	12:00pm – 1:00pm

### Programs for Intermediate Dancers:

**ENSEMBLE** Performing Group (*South Jordan Studio*)

\*\* Please see Performance Guide for specific program costs and requirements

**Varsity Teens/Seniors** Competitive Performing Group (*Draper Studio*)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

**Conservatory Teens/Seniors** Competitive Performing Group (*Draper Studio*)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

# ADVANCED

Available classes with prior approval placement for students

7th grade and up as of 9/1/2017

Use our suggested schedules OR create your schedule by mixing and matching.

## Base Curriculum Classes (BALLET, JAZZ and CONTEMPORARY)

### SOUTH JORDAN LOCATION

#### ADVANCED A

Monday	Ballet	5:30pm – 7:00pm
	Jazz	7:00pm – 8:30pm
Wednesday	Jazz Technique	8:30pm – 10:00pm
Thursday	Ballet	7:00pm – 8:30pm
	Contemporary	8:30pm – 10:00pm

#### ADVANCED B

Monday	Jazz	7:00pm – 8:30pm
	Ballet	8:30pm – 10:00pm
Wednesday	Jazz Technique	8:30pm – 10:00pm
Thursday	Ballet	7:00pm – 8:30pm
	Contemporary	8:30pm – 10:00pm

### Add-On Classes

#### SOUTH JORDAN LOCATION

Intermediate Pointe	Monday	6:00pm – 7:00pm
Teen Hip Hop	Tuesday	7:00pm – 8:00pm
Teen Ballroom	Tuesday	8:00pm – 9:00pm
Pre-Pointe	Wednesday	4:00pm – 5:00pm
Boys Hip Hop *NEW	Tuesday	6:00pm – 7:00pm
Beginning Tap	Wednesday	6:00pm – 7:00pm
Intermediate Tap	Wednesday	7:00pm – 8:00pm
Advanced Tap	Wednesday	8:00pm – 9:00pm
Advanced Pointe	Thursday	6:00pm – 7:00pm
Beginning Pointe	Thursday	6:00pm – 7:00pm

Tumble Tricks - REQUIRED (2) TIMES PER WEEK

<u>Beginning</u>		<u>Intermediate</u>	
Wednesday	6:00pm – 7:00pm	Tuesday	4:00pm – 5:00pm
Friday	4:00pm – 5:00pm	Thursday	6:00pm – 7:00pm

#### DRAPER LOCATION

Ballet Intensive	Wednesday	8:30pm – 10:00pm
Stretch Class	Saturday	11:00am – 12:00pm
Turns & Leaps	Saturday	12:00pm – 1:00pm

### Programs for Advanced Dancers:

**ENSEMBLE** Performing Group (*South Jordan Studio*)

\*\* Please see Performance Guide for specific program costs and requirements

**Varsity Teens/Seniors** Competitive Performing Group (*Draper Studio*)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

**Conservatory Teens/Seniors** Competitive Performing Group (*Draper Studio*)

\*\* Please see Competitive Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

**TECHNICAL ADVICE FOR  
DANCERS IN TEEN A & TEEN B**

The two most important classes for dancers at this age:  
**Classical Ballet, Jazz and Contemporary**

- The purpose of the Teen Program is to refocus on the dancer's technical foundation, body alignment and posture in classical ballet and jazz technique; this provides a strong foundation for continued dance education in all genres of dance.

- Teen Ballet** is a recital class held once per week. If a dancer is serious about their dance training and wants to advance to an intermediate level, we strongly recommend adding **Teen Ballet Intensive** to their weekly schedule, providing a second ballet class weekly (*one recital and one technique class*).

- Teen Jazz** is a recital class held once per week. If a dancer is serious about their dance training and wants to advance to an intermediate level, we strongly recommend adding the **Teen Jazz Intensive** to their weekly schedule, providing a second jazz class weekly (*one recital and one technique class*).

- Teen Contemporary** is a genre that is important to add at this level if a dancer wants to be on High School Dance Company or a Competitive Dance Team.



# TEEN A & B

*Available classes for novice technical students in 5th - 12th grade as of 9/1/2017*  
Use our suggested schedules **OR** create your schedule by mixing and matching .

## **Base Curriculum Classes (BALLET, JAZZ and CONTEMPORARY)**

### SOUTH JORDAN LOCATION

<b>TEEN A (5th-7th)</b>			<b>TEEN B (8th-12th)</b>		
Monday	Jazz	4:00pm – 5:30pm	Monday	Ballet	4:00pm – 5:30pm
	Ballet	5:30pm – 7:00pm		Jazz	5:30pm – 7:00pm
Thursday	Contemporary	5:30pm – 7:00pm	Wednesday	Contemporary	7:00pm – 8:30pm
			Thursday	Contemporary	8:30pm – 10:00pm

### **TEEN A Add-On Classes** SOUTH JORDAN LOCATION

Preteen Ballroom	Tuesday	7:00pm – 8:30pm	
Preteen Hip Hop	Tuesday	8:00pm – 9:00pm	
Preteen Tap	Wednesday	6:00pm – 7:00pm	
Boys Hip Hop *NEW	Tuesday	6:00pm – 7:00pm	
Jazz Intensive	Wednesday	7:00pm – 8:30pm	
Ballet Intensive	Thursday	7:00pm – 8:30pm	
<b>Tumble Tricks - REQUIRED (2) TIMES PER WEEK</b>			
<u>Beginning</u>			
Wednesday	6:00pm – 7:00pm	<u>Intermediate</u>	
Friday	4:00pm – 5:00pm	Tuesday	4:00pm – 5:00pm
		Thursday	6:00pm – 7:00pm

### DRAPER LOCATION

Stretch Class (4th - 6th)	Saturday	12:00pm – 1:00pm
Stretch Class (7th - 12th)	Saturday	11:00am – 12:00pm

### **TEEN B Add-On Classes** SOUTH JORDAN LOCATION

Teen Ballroom	Tuesday	8:00pm – 9:00pm
Teen Hip Hop	Tuesday	7:00pm – 8:00pm
Teen Tap	Wednesday	6:00pm – 7:00pm
Boys Hip Hop *NEW	Tuesday	6:00pm – 7:00pm
Jazz Intensive	Wednesday	8:30pm – 10:00pm
Ballet Intensive	Thursday	7:00pm – 8:30pm

### DRAPER LOCATION

Stretch Class (7th - 12th)	Saturday	11:00am – 12:00pm
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## **Program for Teen Program Dancers:**

**Ensemble Performance Group (South Jordan Studio)**

\*\* Please see Performance Program Guide for specific program costs and requirements including class days/times

\*Classes are subject to change or be cancelled based on studio enrollment and teacher requirements. Enrolled participants of changed or cancelled classes will be provided with alternative class options. For the most up to date schedule, please see our website at [www.UtahDanceArtists.com](http://www.UtahDanceArtists.com).

# CLASS DESCRIPTIONS

## CLASSICAL BALLET

Classical Ballet provides the necessary technical foundation, quality of movement and artistry to support most genres of dance. In ballet levels 1 - 4, our focus is developing the technical foundation, body alignment and posture of the dancer. In ballets level 5 – Advanced, our focus is developing quality of movement and artistry. In addition to the many physical benefits of classical training, ballet helps develop the mind and attitude of the dancer with discipline, focus and appreciation of structure, which are critical attributes for continued dance education. Ballet training is essential for dancers who want to excel in jazz and contemporary styles, as the technique and vocabulary for these disciplines comes from ballet. Ballet classes are held twice a week for all levels (with the exception of the teen level). Teen dancers may add a second ballet technique class to their weekly schedule.

## BALLET INTENSIVE

The main focus of Ballet Intensive is to give additional training to serious dancers who want to optimize their technical training. This class is designed to be added as the third ballet class to dancers in levels 3 - Advanced who are enrolled in the required two (paired) ballet classes for their level. \*Dancers who add Ballet Intensive to their schedule should consider adding pre-pointe when they are in ballet 6. This provides serious students with class four times a week.

## PRE-POINTE

In Pre-Pointe, we use partners, barre and center exercises to build overall strength and flexibility in the feet and ankles, to ensure dancers are properly prepared to go on pointe. When dancers are ready to get their pointe shoes, they will individually and be properly fitted in their shoes by their teacher. Dancers must be in level 6 to start this class. The PrePointe class does not participate in the UDA Spring Recital.

## POINTE

Pointe is recommended for serious ballet students who consider continuing ballet in higher education or as a career. Pointe is for dancers who have four years of classical training and have completed the pre-pointe class. Dancers will receive permission to advance to the beginning-advanced pointe levels per evaluation and approval from their teacher.

## JAZZ

Jazz allows students to dance to today's popular music from current music artists. Jazz is a fun, high-energy dance form that steals and borrows movement from ballet technique, modern, hiphop and even ethnic forms of dance. The focus of this class is to build strength, flexibility, body and mental awareness and style, providing the necessary skills and knowledge for possible participation in junior and senior high school extracurricular activities,





# CLASS DESCRIPTIONS

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## JAZZ (continued)

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such as dance company, drill team, and musical theatre. Because of the technical demands in jazz, students are encouraged to supplement their jazz training with classical ballet or an additional jazz technique class.

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## JAZZ INTENSIVE

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The focus of jazz intensive is to provide additional training to serious dancers who want to optimize their technical training. This class is available for all levels, but may only be added as a second jazz class for dancers who are already enrolled in the recital jazz class. This provides the serious students with jazz class twice a week (a recital and technique class).

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## CONTEMPORARY

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In the past decade, contemporary has become a popular genre that combines elements of modern, jazz, lyrical and classical ballet. Contemporary promotes versatility, improvisation and dancers having freedom to explore their innermost feelings as they connect the body and mind through fluid dance movement. Contemporary is important to study for dancers who want to be on a competitive dance team or high school dance company, as most high school dance companies are contemporary/modern based.

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## TAP

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Tap is an important dance form for dancers from preschool through the 4th grade, serving as a critical building block for all dance forms as it develops a strong foundation of coordination, rhythm, timing and musicality. Lower levels of tap will master basic tap technique while intermediate and advanced tap levels will learn more intricate and complex tap steps involving syncopated rhythms.

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## BALLROOM

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This class is designed to introduce and educate students in a variety of ballroom dance styles. The first objective is to establish a foundation for students to build upon. We do this by focusing on ballroom technique: dance position, head alignment, balance, balance between partners, footwork, leading and following. This technique is then applied to various ballroom styles: Lindy Hop, West Coast Swing, Night Club Two Step, Hustle, Salsa and Merengue. All dancers registering for this class must register with a partner.

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## HIP HOP/HIPPITY HOP

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Hip Hop is a street style of dance that focuses on self-expression and movement that involves the whole body. Hip hop mixes funk and video dance styles, focusing on techniques of gliding, popping, locking, breaking and whacking. Hip Hop is perfect for a

# CLASS DESCRIPTIONS

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## HIP HOP/HIPPITY HOP (continued)

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beginning or advanced student who wants to participate in a less structured dance form that doesn't require training in classical technique.

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## PRESCHOOL, PRE-K/KINDERGARTEN BALLET

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The focus of preschool and Pre-K/Kindergarten classes is to foster a love for dance and learning. Usually, this is the first experience in a classroom with a teacher and other students, therefore, etiquette such as listening, following instructions and being respectful to others is emphasized. Creative ballet fundamentals are taught to increase creativity, flexibility, concentration and focus, providing a strong foundation for continued dance education.

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## PRESCHOOL, PRE-K/KINDERGARTEN TAP/JAZZ COMBO

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The focus of preschool and Pre-K/Kindergarten classes is to foster a love for dance and learning. Usually this is the first experience in a classroom with a teacher and other students; therefore, etiquette such as listening, following instructions and being respectful to others is emphasized. Basic tap and jazz fundamentals are taught to increase coordination, rhythm, timing and musicality, providing a strong foundation for continued dance education.

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## TUMBLING TRICKS FOR DANCERS

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UDA's Tumbling Program follows professional curriculum designed to promote excellence in flexibility, strength, balance, limbering and tumbling. This program will help dancers and non-dancers master tumbling skills that are commonly used in dance: walkovers, aerials, back handsprings, aerial walkovers and layouts, while instilling grace, flexibility, balance, and strength to seamlessly, beautifully, and safely perform all skills on a stage or hard floor.

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## STRETCH CLASS

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Some dancers are naturally flexible, while others need more stretch time during the week. Dancing requires a large amount of flexibility in the major muscles groups to create a broader range of motion. Without flexibility in the hips, torso, back, neck, shoulders, legs and feet, technical movements can be difficult to attempt and master. In addition, conditioning dancers to increase flexibility will help prevent and decrease the chance of injuries.

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## LEAPS AND TURNS

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UDA's leaps and turns class will dissect these two technical movements: teaching basic building blocks to master a variety of turns and leaps which are used in jazz and in choreography. Great emphasis will take place on the body's center, from which all movements begin and end, making it possible to maintain balance and control while executing turns, high extensions and powerful leaps. Spotting techniques will be studied to properly execute a variety of turns and reduce the dizzying effect of repeated rotation.





# PROGRAM DESCRIPTIONS

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## DANCE WITH ME PROGRAM

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Dance With Me is a program for children 18 months – 3 years old and their care giver (mom, dad, grandparent, aunt, uncle, or a combination there of) each week. This class provides an opportunity for a toddler and an adult to bond while learning and moving together while providing caregivers with ideas and techniques to stimulate the learning and growth of their child through imaginative play and creative movement.

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## TECHNICAL PROGRAM

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The Technical Program is the inclusive program in which all dancers participate. Whether a child is dancing for recreation, performance or competitive purposes, technical classes should come first and foremost in all dance training.

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## PERFORMANCE PROGRAMS: STARS AND ENSEMBLE

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UDA's Performance Program provides dancers with additional performing opportunities throughout the community during the year. Through participation, dancers learn the importance of accountability to others and responsibility to self as they work as a member of a team. Performance programs can serve as a bridge to UDA's Competitive Program as dancers increase dance hours and their commitment level. STARS and Ensemble are divided into the following levels of participation:

**STARS PROGRAM** – Dancers focus on the genre of ballet and/or jazz

**PETITE** – Level 1 and 2 Dancers (1st – 2nd grade)

**MINI** – Level 3 and 4 Dancers (3rd – 4th grade)

**JUNIOR** – Level 5 and 6 Dancers (5th – 6th grade)

**ENSEMBLE PROGRAM** – Dancers focus on the genre of ballet and/or jazz or contemporary

**ENSEMBLE 2** - Dancers who participate in the Teen Program (7th – 12th grade)

**ENSEMBLE 1** – Dancers who participate in Intermediate A1 and A2 Levels

**ELITE 2** – Dancers who participate in Intermediate B and Advanced A Levels

**ELITE 1**– Dancers who participate in Advanced A and B Levels

*\*Please refer to our Performance Program Guide (available at the customer service counter) for more information on this program*

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## VARSITY COMPETITIVE PROGRAM

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The Varsity Program is an intermediate based competitive program for 1st – 12th grade dancers who have the desire to advance to a higher level of technique and performance with the goal of making high school drill team or dance company. Dancers are required to take weekly classes in classical ballet, jazz technique, leaps and turns, acro/tumbling

# PROGRAM DESCRIPTIONS

## **VARSITY COMPETITIVE PROGRAM** (continued)

and choreography, while studying technique, synchronization and performance quality. Dancers are provided opportunities to take master classes, attend dance conventions and guest perform throughout the valley.

**PETITE TEAM** – 1st – 3rd grade dancers

**MINI TEAM** – 3rd – 5th grade dancers

**JUNIOR TEAM** – 5th – 7th grade dancers

**TEEN TEAM** – 7th – 9th grade dancers

**SENIOR TEAM** – 9th – 12th grade dancers

*\*Please refer to our Competitive Dance Program Guide (available at the customer service counter) for more information on this program*

## **CONSERVATORY COMPETITIVE PROGRAM**

The Conservatory Program is an intensive jazz/ballet based competitive program for advanced dancers in the 2nd-12th grade. This program is for dancers who have the desire to advance to a higher level of technique, performance and artistry with the goal of continuing dance in higher education or a professional career. Dancers are required to take weekly classes in classical ballet, jazz technique, acro/tumbling, mUv method and choreography. Dancers are provided opportunities to take master classes, attend dance conventions and guest perform throughout the valley. *\*Only dancers who receive an invitation after auditioning for UDA's Varsity Program may audition for this program.*

**MINI COMPANY** – 2nd – 5th grade dancers

**JUNIOR COMPANY** – 5th – 7th grade dancers

**TEEN COMPANY** – 7th - 9th grade dancers

**SENIOR COMPANY** – 10th - 12th grade dancers

*\*Please refer to our Competitive Dance Program Guide (available at the customer service counter) for further information on this program.*

## **ARTISTS IN TRAINING PROGRAM**

The Artists in Training Program (AIT) is for serious dancers in the 9th - 12th grade who want to explore career opportunities in teaching and choreography. Experienced AIT dancers may qualify to substitute teach in UDA technical classes. *\*Dancers must receive a special invitation or be a member of UDA's Ensemble Performance Program to participate.* Dancers who are new to UDA and interested in being a part of AIT should speak with one of our Customer Service Specialists.

# PROGRAM DESCRIPTIONS

## **DARBY'S DANCERS –SPECIAL NEEDS PROGRAM**

Darby's Dancers is a non-profit program for individuals with physical or developmental disabilities, such as down syndrome, autism spectrum disorder (ASD), cerebral palsy, and other developmental delays (including those that require use of a wheelchair). Our goal is to provide free dance lessons, enriching the lives of children in a safe and structured environment. Special need dancers will partner with a UDA dance buddy throughout the dance year and have the opportunity to perform with their buddy at the year end recital. *\*Parent fundraising may be required.*



Use this scale to calculate monthly tuition based on the number of hours of dance instruction taken per week. Monthly tuition is figured by averaging 4 weeks per month.

HOURS/WK	COST/HR	COST/MTH
0.75	\$13.33	\$40.00
1	\$12.50	\$50.00
1.5	\$11.66	\$70.00
1.75	\$11.42	\$80.00
2	\$11.25	\$90.00
2.25	\$11.11	\$100.00
2.5	\$10.50	\$105.00
2.75	\$10.45	\$115.00
3	\$10.00	\$120.00
3.25	\$10.00	\$130.00
3.5	\$9.60	\$135.00
3.75	\$9.33	\$140.00
4	\$9.30	\$150.00
4.25	\$9.11	\$155.00
4.5	\$8.80	\$160.00
4.75	\$8.68	\$165.00
5	\$8.50	\$170.00
5.25	\$8.33	\$175.00
5.5	\$8.10	\$180.00
5.75	\$8.04	\$185.00
6	\$7.90	\$190.00
6.25	\$7.72	\$193.00
6.5	\$7.50	\$195.00

HOURS/WK	COST/HR	COST/MTH
6.75	\$7.33	\$198.00
7	\$7.14	\$200.00
7.5	\$7.00	\$210.00
8	\$7.00	\$224.00
8.5	\$7.00	\$238.00
9	\$7.00	\$252.00
9.5	\$7.00	\$266.00
10	\$7.00	\$280.00
10.5	\$7.00	\$294.00
11	\$7.00	\$308.00
11.5	\$7.00	\$322.00
12	\$7.00	\$336.00
12.5	\$7.00	\$350.00
13	\$7.00	\$364.00
13.5	\$7.00	\$378.00
14	\$7.00	\$392.00
14.5	\$7.00	\$406.00
15	\$7.00	\$420.00
15.5	\$7.00	\$434.00
16	\$7.00	\$448.00
16.5	\$7.00	\$462.00
17	\$7.00	\$476.00
17.5	\$7.00	\$490.00

## Discounts

### FAMILY DISCOUNT:

Each additional child (after the first registered student) receives **\$5.00 off** their monthly tuition.

### BOYS PROGRAM:

Boys at UDA may take ballet and jazz classes for **FREE!** Additionally, boys who sign up for a ballroom class may take tap and hip hop classes for **50% off regular price.**

## Fees

### REGISTRATION FEE:

**\$30** per student or **\$75** per family

### NON-REFUNDABLE DEPOSIT:

This deposit is calculated at  $\frac{1}{2}$  **the total account monthly tuition** and is due at the time of registration. This deposit is applied to June tuition (therefore, no June tuition is collected). If a student withdraws from UDA classes prior to June, the **deposit is non-refundable.**

### CLASS UNIFORM FEE:

This fee is only applied to preschool classes. Preschool dancers must wear a UDA uniform which consists of a leotard, pink tights and a ballet skirt (for ballet) and black hot shorts (for jazz/tap). The cost of this uniform is approximately **\$50.**

**The fees below do not apply to non-performance classes.**

### RECITAL FEE:

UDA performs an annual Spring Recital each June. The recital is performed at Kingsbury Hall on the University of Utah Campus. A recital fee of \$100 is assessed to **EACH UDA FAMILY** and due with October tuition. This fee covers all spring recital expenses: rental of facility, ushers, liability insurance, janitorial fees, technician fees and programs. This fee also provides each UDA family with four complimentary tickets to the performance of their choice and a professional recital DVD of all four shows. Additional tickets will be available for purchase at **\$13.50** each.

### COSTUME FEE:

Dancers are required to purchase a costume for each recital class in which they are enrolled. This does not include technical OR intensive classes. Costumes are ordered over winter recess and costs range from **\$60-\$100** per costume. A costume deposit of \$40 is due with December tuition and the remaining costume balance will be collected with February tuition.



# WORDS OF WISDOM

## *Regarding Registration and Participation*

1. Invest your time and money into technical dance classes, as they instill technique and help your dancer develop a strong dance foundation.
2. Genres of dance that may provide an opportunity in high school or higher education are classes where money is well spent.
3. Dancers who want to dance purely for recreation, hip hop is a good option as it is a street style of dance which does not require knowledge or training in classical technique.
4. Dancers who want to increase their technique and intensity should add a ballet and/or jazz intensive class to their schedule.
5. Dancers who want to receive their pointe shoes and dance on pointe should add UDA's pre-pointe class to their schedule when they are in the 6th grade.
6. Dancers in Teen A and B levels are only required to take ballet and/or jazz classes once a week. Teen dancers who want to increase technical training, for possible advancement into the intermediate levels, should add a second teen ballet and/or jazz technique class to their weekly schedule. \*This is a requirement for teen dancers who participate in the Ensemble Performance Program.
8. Dancers who want to increase their performance opportunities, technique, artistry and commitment should consider participating in a UDA Program: STARS, Ensemble, Varsity or Conservatory.
9. Dancers the 1st-6th grade who want more performing opportunities without the added cost and intensity of competitive dance are encouraged to participate in UDA's STARS Performance Program. \*For more information regarding this program, read program descriptions in this guide or pick up a Performance Program Guide at the customer service counter.
10. Dancers in the 7th – 12th grade who want more performing opportunities without the added cost and intensity of competitive dance are encouraged to participate in UDA's Ensemble Performance Program. \*For more information regarding this program, read program description in this guide or pick up a Performance Program Guide at the customer service counter.
11. Dancers in the 1st – 12th grade who want to compete and have the goal to participate on high school dance company or drill team are encouraged to participate in UDA's Varsity Competitive Program. \*For more information regarding this program, read program description in this guide or pick up a Competitive Program Guide at the customer service counter.
12. Dancers in the 2nd – 12th grade who want to compete and plan to continue dance in higher education or as a profession are encouraged to participate in UDA's Conservatory Competitive Program. \*For more information regarding this program, read program description in this guide or pick up a Competitive Program Guide at the customer service counter.
13. Dancers who are in 9th – 12th grade and have aspirations to choreograph and teach dance are encouraged to participate with UDA's Artists in Training Program (AIT). \*For more information regarding this program, read program description in this guide.







UTAH DANCE ARTISTS

Shine on Stage and in Life

**SOUTH JORDAN LOCATION**

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South Jordan, Utah 84095

**801.562.0913**

**DRAPER LOCATION**

12896 South Pony Express Road Suite 50  
Draper, Utah 84020

**801.523.5930**

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